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# EFEITO DE VARIANTE DE NUCLEOTÍDEO ÚNICO EM GENE CANDIDATO COMO POTENCIAL MODIFICADOR DA IDADE DE INÍCIO EM PACIENTES COM DOENÇA DE MACHADO-JOSEPH

Porto Alegre 2022

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## RAFAEL CAESAR GOMES GONÇALVES

Trabalho de conclusão de curso de graduação apresentado ao Instituto de Ciências Básicas da Saúde da Universidade Federal do Rio Grande do Sul, como requisito parcial para obtenção do grau de Bacharel em Biomedicina.

Orientadora: Prof.ª Dr.ª Maria Luiza Saraiva Pereira

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— Os negros não gostam de Little Black Sambo. Queime-o. Os brancos não se sentem bem em relação à Cabana do pai Tomás. Queime-o. Alguém escreveu um livro sobre o fumo e o câncer de pulmão? As pessoas que fumam lamentam? Queimemos o Livro. [...] Leve sua briga lá para fora. Melhor ainda, leve o incinerador. Os enterros são tristes e pagãos? Elimine-os também. Cinco minutos depois que uma pessoa morreu, ela está a caminho do Grande Crematório [...]. Dez minutos depois da morte, um homem é um grão de poeira negra. Não vamos ficar arengando os in memoriam para os indivíduos. Esqueça-os. Queime tudo, queime tudo. O fogo é luminoso e o fogo é limpo. [...]

— [...] Não se pode construir uma casa sem pregos e madeira. Se você não quiser que se construa uma casa, esconda os pregos e a madeira. Se não quiser um homem politicamente infeliz, não lhe dê os dois lados de uma questão para resolver; dê-lhe apenas um. Melhor ainda, não lhe dê nenhum. [...] Se o governo é ineficiente, despótico e ávido por impostos, melhor que ele seja tudo isso do que as pessoas se preocuparem com isso. [...] Encha as pessoas com dados incombustíveis, entupa-as tanto com "fatos" que elas se sintam empanzinadas, mas absolutamente "brilhantes" quanto a informações. Assim, elas imaginarão que estão pensando, terão uma sensação de movimento sem sair do lugar. E ficarão felizes, porque fatos dessa ordem não mudam. Não as coloque em terreno movediço, como filosofia e sociologia, com que comparar suas experiências. Aí reside a um telão de tevê e montá-lo novamente, e a maioria consegue, hoje em dia está mais feliz do que qualquer homem que tenta usar a régua de cálculo, medir e comparar o universo, que simplesmente não será medido ou comparado sem que o homem se sinta bestial e solitário. [...]"

#### RESUMO

Ataxia espinocerebelar tipo 3 ou doença de Machado-Joseph (SCA3/MJD) é uma doença neurodegenerativa causada por uma expansão de repetições CAG. Essa expansão é inversamente correlacionada com a idade de início dos sintomas (AO). Em média, cerca de 55,2% da variação na AO é explicada pelas repetições CAG. Isso indica que outros moduladores, genéticos ou ambientais, podem afetar o início dos sintomas. Dados recentes mostraram que a variante intrônica no gene DLGAP2 (rs2293909) estava associada com uma antecipação na AO em um grupo de pacientes brasileiros com SCA3/MJD. No estudo atual, a frequência genotípica da variante rs2293909 foi demonstrada num grupo de pacientes de SCA3/MJD da região Sul do Brasil. A distribuição das frequências alélicas foi de 0,207 para o alelo C e 0,793 para o alelo T em pacientes com SCA3/MJD, enquanto nos controles locais foi 0,300 para o alelo C e 0,700 para o alelo T. Não houve diferença significativa nas frequências alélicas (p=0.048) ou genotípicas (p=0.149) entre pacientes e controles, apesar de ter sido observada uma tendência na frequência alélica. Com isso, estabelecemos as frequências alélicas e genotípicas da variante rs2293909 num grupo brasileiro de pacientes com SCA3/MJD (n=184) e de indivíduos da população normal (n=50). Neste estudo, foi observada uma indicação de que o alelo C na variante rs2293909 está associada com início precoce da doença. Dessa forma, essa variante pode ser um fator adicional que modula a AO na SCA3/MJD.

Palavras-chave: Ataxia espinocerebelar tipo 3; Doença de Machado-Joseph; PolyQ; gene *DLGAP2*; rs2293909.

#### ABSTRACT

Spinocerebellar ataxia type 3, or Machado-Joseph disease (SCA3/MJD), is a neurodegenerative disorder caused by an expansion of CAG repeats. This expansion is inversely correlated to age of onset (AO) of symptoms. However, on average, just up to 55.2% of variation in AO can be explained by CAG length. Then, additional modulators, either genetic or environmental, can play a role in modulating disease onset. Recent data demonstrated that an intronic variant at DLGAP2 gene (rs2293909) was associated with an anticipation of AO in a Brazilian group of SCA3/MJD patients. In the present study, genotype frequency of rs2293909 was demonstrated in a group of SCA3/MJD patients from South Brazil. Allele frequency distribution was 0.207 for C allele and 0.793 for T allele in SCA3/MJD patients, and 0.300 for C allele and 0.700 for T allele in local controls. There was no statistically significant difference in allele (p=0.048)nor genotype (p=0.149) frequencies between patients and controls, although a tendency was seen in the allele frequency. Therefore, we established allele and genotype frequencies of rs2293909 in a group of Brazilian SCA3/MJD patients (n=184) as well as controls (n=50). In this study, we have an indication that the C allele of rs2293909 is associated with early onset of the disease. Therefore, this variant can be an additional factor to modulate AO in SCA3/MJD. As previously stated, combined effects are very likely to be involved in disease modulation.

Keywords: Spinocerebellar ataxia type 3; Machado-Joseph disease; PolyQ; *DLGAP2* gene; rs2293909.

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# LISTA DE ABREVIATURAS, SÍMBOLOS E UNIDADES

AO	Idade de início (dos sintomas)   age of onset (of symptoms)
AOA1	Ataxia com Apraxia Oculomotora tipo 1   Ataxia Oculomotor Apraxia type 1
AOA2	Ataxia com Apraxia Oculomotora tipo 2   Ataxia Oculomotor Apraxia type 2
A–T	Ataxia-Telangiectasia
ATXN2	Gene ataxin-2
ATXN3	Gene ataxin-3
CAGexp	Expansão do trinucleotídeo CAG
DRPLA	Atrofia Dentato-Rubro-Palido-Luisiana   Dentatorubral-Pallidoluysian Atrophy
FANI	Gene Fanconi anemia FANC1/FANCD2-associated [endo] nuclease 1
FRDA	Ataxia de Friedreich   Friedreich Ataxia
НСРА	Hospital de Clínicas de Porto Alegre
MJD	Doença de Machado-Joseph   Machado-Joseph disease
PCR	Reação em Cadeia da Polimerase   Polymerase Chain Reaction
polyQ	Poliglutamina
RS	Estado do Rio Grande do Sul
SCA1	Ataxia Espinocerebelar tipo 1   Spinocerebellar Ataxia type 1
SCA2	Ataxia Espinocerebelar tipo 2   Spinocerebellar Ataxia type 2
SCA3/MJD	Ataxia Espinocerebelar tipo 3   Spinocerebellar Ataxia type 3
SCA6	Ataxia Espinocerebelar tipo 6   Spinocerebellar Ataxia type 6
SCA7	Ataxia Espinocerebelar tipo 7   Spinocerebellar Ataxia type 7
SCA17	Ataxia Espinocerebelar tipo 17   Spinocerebellar Ataxia type 17
SGM-HCPA	Serviço de Genética Médica do Hospital de Clínicas de Porto Alegre
SNV	Variação de nucleotídeo único   single nucleotide variation

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## 1. INTRODUÇÃO

#### 1.1. Ataxias Espinocerebelares

As ataxias espinocerebelares (SCAs — do inglês "spinocerebellar ataxias") são caracterizadas como um grupo diverso, composto por mais de 30 doenças neurodegenerativas e hereditárias, com heranças variadas entre autossômicas dominantes e recessivas, além de algumas ligadas ao X. De forma geral, possuem idade de início de sintomas tardio (na vida adulta) e caracterizam-se por disfunção e degeneração cerebelar de forma lenta e progressiva, levando os indivíduos acometidos à morte cerca de 10 a 20 anos após o início dos primeiros sintomas. Os sintomas que convergem entre quase todas são: perda e/ou falta de coordenação de movimentos voluntários dos membros (a ataxia), dificuldades na articulação de palavras (disartria), além de tremores. Outros sintomas comuns ao grupo, mas não presentes em todas as doenças que o compõem: dificuldades de deglutição (disfagia), movimentos involuntários dos olhos (nistagmo), sinais piramidais e extrapiramidais e comprometimento cognitivo. Além desses sintomas comuns, algumas SCAs podem apresentar características relativas àquela SCA específica (Bird, 1998; Orr e Zoghbi, 2007).

Dentre as SCAs, podemos destacar a ataxia espinocerebelar tipo 1 (SCA1 — do inglês "*Spinocerebellar Ataxia type 1*"; OMIM #164400), a ataxia espinocerebelar tipo 2 (SCA2 — do inglês "*Spinocerebellar Ataxia type 2*"; OMIM #183090), a ataxia espinocerebelar tipo 3 ou doença de Machado-Joseph (SCA3/MJD — do inglês "*Spinocerebellar Ataxia type 3*"; OMIM #109150), a ataxia espinocerebelar tipo 6 (SCA6 — do inglês "*Spinocerebellar Ataxia type 6*"; OMIM #183086), e a ataxia espinocerebelar tipo 7 (SCA7 — do inglês "*Spinocerebellar Ataxia type 6*"; OMIM #164500) como as mais prevalentes entre as autossômicas dominantes, enquanto a ataxia de Friedreich (FRDA — do inglês "*Friedreich Ataxia*"; OMIM #229300), ataxia telangiectasia (A-T — do inglês "*Ataxia Telangiectasia*"; OMIM #208900), ataxia com apraxia Oculomotora tipo 1 (AOA1 — do inglês "*Ataxia Oculomotor Apraxia type 1*"; OMIM #606002) são as mais prevalentes entre as autossômicas recessivas (Bird, 1998; Orr e Zoghbi, 2007). A atrofia dentato-rubro-palido-luisiana (DRPLA — do inglês "*Dentatorubral-Pallidoluysian Atrophy*"; OMIM #125370) também compartilha dos sintomas e características patofisiológicas das SCAs.

As SCAs podem ser divididas em três grupos, dependendo da sua etiologia: (1) expansão de repetições do trinucleotídeo CAG (CAGexp) em regiões codificantes; (2) CAGexp em

regiões não codificantes; por fim, (3) as causadas por outros tipos de mutação, como deleções, mutações de ponto de sentido trocado, mutações de ponto sem sentido e mutações em sítios de *splicing* gênico (Soong e Paulson, 2007). As seis SCAs mais comuns — a saber: SCA1, SCA2, SCA3/MJD, SCA6, SCA7 e ataxia espinocerebelar tipo 17 (SCA17 — do inglês *"Spinocerebellar Ataxia type 17"*; OMIM #607136) — representam mais de 50% dos casos de SCAs a nível global. Todas são causadas por uma causa comum: um gene com a presença de CAGexp em alguma de suas regiões codificantes (Soong & Paulson, 2007).

### 1.2. Poliglutaminopatias

As poliglutaminopatias são um grupo de dez doenças de origem genética onde a expansão de um trato de poliglutamina (polyQ — do inglês "*polyglutamine*") — uma sequência de repetições do aminoácido glutamina com mais repetições do que o normal — causa um ganho de função tóxico do produto gênico, visto especialmente em células neuronais. As ataxias espinocerebelares SCA1, SCA2, SCA3/MJD, SCA6, SCA7 e SCA17 fazem parte desse grupo de doenças (Bunting, Hamilton & Tabrizi, 2022).

O grupo também é composto pela DRPLA, a atrofia muscular bulbar e espinhal (SBMA — do inglês "*Spinal And Bulbar Muscular Atrophy*"; OMIM #313200) e a doença de Huntington (HD — do inglês "*Huntington Disease*"; OMIM #143100), sendo que dentre as doenças causadas por polyQ, a HD é a mais estudada (Lieberman, Shakkottai & Albin, 2019).

#### 1.3. Doença de Machado-Joseph/Ataxia Espinocerebelar tipo 3 (SCA3/MJD)

A ataxia espinocerebelar tipo 3 ou doença de Machado-Joseph (SCA3/MJD — do inglês "*Machado-Joseph Disease*"; OMIM #109150) é uma doença neurodegenerativa de origem genética, apresentando herança autossômica dominante. É a forma de ataxia dominante mais prevalente no mundo, assim como no Brasil, representando 78,4% dos diagnósticos no Sul do Brasil (Schöls et al, 2004; de Castilhos et al, 2014; Saute e Jardim, 2015). A doença é caracterizada pela presença de uma expansão da repetição do trinucleotídeo CAG (códon que codifica para o aminoácido glutamina) numa região de repetições em tandem no éxon 10 do gene *ATXN3*. Este gene está localizado no braço longo do cromossomo 14.

O gene, caracterizado em 1994 por Kawaguchi e colaboradores como o locus gênico da

mutação que causa a SCA3/MJD, foi então nomeado como *MJD1*, mas hoje é melhor conhecido por *ATXN3* (Kawaguchi et al, 1994). Ele codifica a ataxina-3, uma proteína com função deubiquitinadora envolvida na manutenção da homeostase proteica, transcrição, regulação de citoesqueleto e degradação de substratos de chaperona enovelados de maneira incorreta (Li et al, 2002; Mao et al, 2005; Tzvetkov et al, 2007; Seki et al, 2013; Ashkenazi et al, 2017).

Já se sabe que a idade de início (AO — do inglês "*age of onset (of symptoms)*") do fenótipo é variável e, em geral, relaciona-se diretamente com o tamanho do trato CAGexp no gene *ATXN3*, com 55,2% sendo explicados pela quantidade de repetições dessa região polimórfica (de Mattos et al, 2019a). Com a adição de alguns fatores modificadores à comparação, como o tamanho da região polimórfica do gene *ATXN2*, polimorfismos nos genes *FAN1* (que codifica proteína de uma via de reparo de DNA) e *CAST* (envolvido em via de clivagem proteica ligada à SCA3/MJD), além de fatores familiares, pode-se elucidar até 73,5% da AO de indivíduos afetados (de Mattos et al, 2019a; Mergener et al, 2020; Martins et al, 2021).

#### 1.3.1. Etiologia da SCA3/MJD

Como mencionado, a etiologia da SCA3/MJD é a expansão de uma repetição em tandem no gene *ATXN3*, que possui 62,1 kb e é localizado na fita antissenso do cromossomo 14, na banda 14q32.12. (Figura 1). No éxon 10 deste gene, encontra-se a região de repetição em tandem do trinucleotídeo CAG (GRCh38:CM000676.2; Saute e Jardim, 2015).

Em uma população normal, o número de repetições do trinucleotídeo CAG nessa região varia entre 12 e 44. O fenótipo da SCA3/MJD é visto em indivíduos com 56 ou mais repetições, podendo chegar a 86 e até 91 (Saute e Jardim, 2015; Ashizawa et al, 2018). Já no intervalo compreendendo 45 a 55 repetições, foi visto que há penetrância incompleta dos sintomas da doença (Ashizawa et al., 2018).

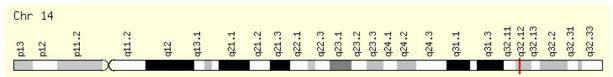


Figura 1 Localização genômica do gene ATXN3 no cromossomo 14. Adaptado de genecards (id: GC14M099702).

A AO da SCA3/MJD é variável, com média entre 34 e 40 anos de idade, mas já foram encontrados casos cuja AO variava desde 4 até 78 (Saute e Jardim, 2015). Existe uma correlação

inversamente proporcional entre as CAGexp e a AO. Isto é, quanto mais repetições, mais precoce é a manifestação dos primeiros sintomas (de Mattos et al, 2019b)

A doença é caracterizada principalmente pelo aparecimento de ataxia e sua progressão, causados pela degeneração progressiva do cerebelo e tronco encefálico dos indivíduos afetados pela mutação. A degeneração dessas duas estruturas encefálicas desencadeia diversas outras manifestações clínicas, dentre disfunção dos sistemas oculomotor, piramidal e extrapiramidal, além de disfunção e perda dos neurônios motores e sensoriais (principalmente associados ao sistema nervoso periférico). Outras manifestações podem ser observadas a nível visual e oculomotor, como movimentos involuntários e repetitivos dos olhos (nistagmo), redução da velocidade de sacadas oculares e perda de associação dos movimentos dos dois olhos. Com a progressão da SCA3/MJD, os pacientes tendem a perder diversas habilidades motoras, apresentando disfagia, disartria, distonia, amiotrofia, atrofia facial e temporal. A perda de capacidades motoras leva o paciente a necessitar de auxílio para realização de tarefas, inicialmente podendo ser bengalas, cadeiras de roda, até etapas mais avançadas, onde podem requerer alimentação por sonda ou via parenteral (Paulson, 2012).

Diferente do que acontece na doença de Huntington, as pessoas afetadas pela SCA3/MJD não costumam desenvolver demências. Seu viés psiquiátrico costuma aparecer mais fortemente associado à depressão. Foram observadas questões relacionadas à redução de capacidade em atividades de atenção e capacidade de construir fonemas (Paulson, 2012; Zawacki et al, 2002).

Atualmente, não existe tratamento para a doença em si; os principais tratamentos são voltados à atenção aos sintomas que a SCA3/MJD desenvolve nos indivíduos afetados. Os principais são farmacológicos, mas alguns outros, como fisioterapêuticos, fonoaudiológicos e voltados à terapia ocupacional também podem auxiliar na melhora das condições de vida e independência de pacientes (Duarte-Silva e Maciel, 2018; Saute et al, 2015).

#### 1.3.2. Epidemiologia da SCA3/MJD

A SCA3/MJD é a forma mais comum de ataxia hereditária de herança autossômica dominante no mundo. As taxas de prevalência da doença no estado do Rio Grande do Sul (RS) foram estimadas em 7:100.000 em 2020, variando de 17 a 166:100.000 em algumas cidades (Rodríguez-Labrada et al, 2020). Em estudo anterior, foi estimada em 1,8:100.000 a prevalência da SCA3/MJD no estado, enquanto de outras SCAs seria de 0,2:100.000 (Jardim et al, 2001).

Esse estudo indica que a prevalência de SCA3/MJD no RS era ao menos 9 vezes maior que a prevalência de outras SCAs.

Martins e colaboradores descreveram, em 2007, três SNVs relacionadas com as famílias cujos sobrenomes nomeiam a doença (família Joseph, da ilha de Flores, em Açores/Portugal; e a família Machado, da ilha de São Miguel, também em Açores). Os haplótipos relacionados às famílias Machado e Joseph configuram 94% das famílias estudadas (Martins et al, 2007).

A história da colonização do RS pode explicar a aglomeração de casos nessa região: a Coroa Portuguesa enviou entre dois e cinco mil de seus cidadãos da Europa para o RS no intuito de popular a região, até então habitada de forma esparsa apenas por ameríndios. Esse povoamento acabou por perpetuar uma grande ancestralidade portuguesa no estado. Foi visto por Rodríguez-Labrada e colaboradores que de 178 famílias estudadas no RS, 170 (92%) carregavam o haplótipo da família Joseph, sugerindo que suas mutações possuem a mesma origem ancestral (Rodríguez-Labrada et al, 2020).

#### **1.3.3.** Modificadores de fenótipo

A SCA3/MJD é causada pela CAGexp no éxon 10 do gene *ATXN3* e o seu tamanho pode explicar, em média, apenas 55,2% das AO dos pacientes com a doença, apesar de existir uma correlação inversamente proporcional já estabelecida entre AO e CAGexp. Alguns modificadores já conhecidos do fenótipo, quando adicionados à equação, auxiliam a elucidar melhor as AO. Os mais conhecidos são genótipo da apoliproteína E, número de repetições do trinucleotídeo CAG no gene *ATXN2*, além de fatores ambientais e outros fatores genéticos ainda não elucidados (Saute e Jardim, 2015; de Mattos, 2019b). Foi visto em 2020 que a variante rs3512 no gene *FAN1* pode explicar uma redução de 2,44 anos na AO de pacientes com SCA3/MJD na população gaúcha (Mergener et al, 2020). Em outro estudo envolvendo também a população do RS, foi encontrado um pequeno efeito neuroprotetor na presença da variante rs1559089 no gene *CAST* (Martins et al, 2021).

Essas variações genéticas indicam uma possibilidade de que outros genes podem ter efeitos interessantes tanto de forma neuroprotetora como promotora da doença. O estudo de outras variações e mutações em genes candidatos a modificadores pode levar a um melhor entendimento da fisiopatologia da SCA3/MJD.

#### 1.4. Estudos prévios

Em estudo colaborativo entre vários grupos de pesquisadores, incluindo o grupo de Neurogenética do Serviço de Genética Médica (SGM) do Hospital de Clínicas de Porto Alegre (HCPA) e liderado por um grupo português, variações de nucleotídeo único (SNVs — do inglês "*single nucleotide variants*") foram identificadas em um pequeno número de pacientes com SCA3/MJD através de sequenciamento completo do exoma (WES — do inglês "*whole exome sequencing*") (Raposo et al, 2021). Dentre as variantes encontradas, podemos citar a rs2293909, localizada no gene *DLGAP2*. Essa variante está localizada em uma região intrônica que, quando observado no grupo estudado (n=78), estaria associado à antecipação da idade de início, explicando 10% da variância da AO. Essa foi a primeira vez em que este gene foi associado como modificador de fenótipo da SCA3/MJD, o que suscitaria novos estudos acerca dessa variante e seus possíveis impactos na idade de início em indivíduos afetados.

### 1.4.1. DLGAP2

O gene *DLGAP2* (do inglês "*discs large homolog associated protein 1*"; genecar) codifica a proteína DAP-2 (do inglês, "*Disks large-associated protein 2*"), a qual foi identificada em 1997 (Satoh et al, 1997). Esse gene está localizado na banda 23.3 do braço curto do cromossomo 8 (8p23.3; coordenadas genômicas: GRCh38: 8:737,628-1,708,476), compreendendo cerca de 970,8 kb.

A proteína codificada pelo gene *DLGAP2* atua principalmente em sinapses e está relacionada com regulação da região dos terminais pós-sinápticos e sinalização celular neuronal, sendo observada interação com as proteínas *human homologue of the Drosophila discs large tumour suppressor protein* (hDLG) e *postsynaptic density protein 95 kDa* (PSD-95). Ambas são associadas a receptores pós-sinápticos, canais de íons e a proteína *adenomatous polyposis coli protein* (APC), uma proteína relacionada com a adesão celular (Satoh et al, 1997).



Figura 2 Localização cromossômica do gene DLGAP2. Adaptado de genecards (id: GC08P000739)

# **1.5. JUSTIFICATIVA**

Tendo em vista a alta prevalência da SCA3/MJD no Rio Grande do Sul e a falta de informações que justifiquem as peculiaridades da fisiopatologia da doença entre pacientes com uma mesma CAGexp no gene *ATXN3*, é possível que outros fatores, sejam ambientais ou genéticos, influenciam nessa diferença. A análise de outras regiões do DNA além desse gene pode auxiliar na compreensão da diferença da idade de início entre eles. Quando novos alvos são identificados, podem dar um melhor entendimento de como esses modificadores de fenótipo influenciam no desenrolar clínico e no entendimento da fisiopatologia da SCA3/MJD.

#### **1.6. OBJETIVOS**

# 1.6.1. Objetivo geral:

O presente estudo tem como objetivo principal a investigação do papel da variante rs2293909 no gene *DLGAP2* como modificadora da idade de início da doença em pacientes com SCA3/MJD.

### **1.6.2.** Objetivos específicos:

- Determinar as frequências alélicas e genotípicas da variante rs2293909 em pacientes com SCA3/MJD;
- Comparar dados obtidos no grupo de pacientes com o grupo de controles local e com dados de bancos de dados internacional;
- Verificar a associação de dados das variantes com a idade de início (AO) dos pacientes.

# 2. ARTIGO CIENTÍFICO

O artigo intitulado "Spinocerebellar ataxia type 3/Machado-Joseph disease: variant in the *DLGAP2* gene as an additional modifier of age of onset of the disease" foi formatado conforme normas para publicação de acordo com o periódico NeuroMolecular Medicine.

- Spinocerebellar ataxia type 3/Machado-Joseph disease: variant in the *DLGAP2* gene as an
   additional modifier of age of onset of the disease
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- 4
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- 33 Abstract
- 34

35 Spinocerebellar ataxia type 3, or Machado-Joseph disease (SCA3/MJD), is a neurodegenerative disorder caused by an expansion of CAG repeats. This expansion is inversely correlated to age 36 37 of onset (AO) of symptoms. However, on average, just up to 55.2% of variation in AO can be explained by CAG length. Then, additional modulators, either genetic or environmental, can 38 39 play a role in modulating disease onset. Recent data demonstrated that an intronic variant at 40 DLGAP2 gene (rs2293909) was associated with an anticipation of AO in a Brazilian group of 41 SCA3/MJD patients. In the present study, genotype frequency of rs2293909 was demonstrated in a group of SCA3/MJD patients from South Brazil. Allele frequency distribution was 0.207 42 43 for C allele and 0.793 for T allele in SCA3/MJD patients, and 0.300 for C allele and 0.700 for T allele in local controls. There was no statistically significant difference in allele (p=0.048)44 45 nor genotype (p=0.149) frequencies between patients and controls, although a tendency was seen in the allele frequency. Therefore, we established allele and genotype frequencies of 46 47 rs2293909 in a group of Brazilian SCA3/MJD patients as well as controls. In this study, we have an indication that the C allele of rs2293909 is associated with early onset of the disease. 48 49 Therefore, this variant can be an additional factor to modulate AO in SCA3/MJD. As previously 50 stated, combined effects are very likely to be involved in disease modulation. 51

Keywords: Spinocerebellar ataxia type 3; Machado-Joseph disease; PolyQ; *DLGAP2* gene;
rs2293909.

- 54 Introduction
- 55

Spinocerebellar ataxia type 3 or Machado-Joseph disease (SCA3/MJD; OMIM 56 57 #109150) is an inherited neurodegenerative disorder of autosomal dominant trait. SCA3/MJD 58 is by far the most prevalent form of dominant ataxia worldwide, representing up to 78.4% of 59 cases in Southern Brazil (de Castilhos et al, 2014). The disease is characterized by the presence 60 of an expansion of the CAG trinucleotide repeat (codon that codes for the amino acid glutamine) 61 in a region of tandem repeats in exon 10 of the ATXN3 gene, which is located on the long arm 62 of chromosome 14. The ATXN3 gene encodes the ataxin-3, a protein with deubiquitinating 63 function involved in the maintenance of protein homeostasis, transcription, cytoskeletal 64 regulation, and degradation of misfolded chaperone substrates (Li et al, 2002; Mao et al, 2005; 65 Tzvetkov et al., 2007; Seki et al, 2013; Ashkenazi et al, 2017).

66 The disease is mainly characterized by the appearance of ataxia and its progression, 67 caused by the progressive degeneration of the cerebellum and brainstem of individuals affected 68 by the mutation. The degeneration of these two brain structures triggers several other clinical 69 manifestations, including dysfunction of the oculomotor, pyramidal and extrapyramidal 70 systems, in addition to dysfunction and loss of motor and sensory neurons (mainly associated 71 with the peripheral nervous system). Other manifestations can be observed at the visual and 72 oculomotor level, such as involuntary and repetitive movements of the eyes (nystagmus), 73 reduction in the speed of ocular saccades and loss of association of the movements of the two eyes. With the progression of SCA3/MJD, patients tend to lose several motor skills, presenting 74 75 dysphagia, dysarthria, dystonia, amyotrophy, facial and temporal atrophy. The loss of motor 76 skills leads the patient to need help to carry out tasks, initially being canes, wheelchairs, to more 77 advanced stages, where they may require feeding by tube or parenteral route (Paulson, 2012).

78 Age of onset (AO) of the disease onset is variable and directly related to the length of 79 the CAG tract, with 55.2% being explained by the number of repeats of this polymorphic region 80 (de Mattos et al, 2019a). Therefore, additional factors, such as genetic or environmental, can 81 contribute to the AO variation observed in SCA3/MJD. Our group has been working on some 82 genetic modifying factors, such as the length of the CAG tract in the ATXN2 gene, variants in 83 FANI (which encodes a protein of a DNA repair pathway) and CAST (involved in a protein 84 cleavage pathway linked to SCA3/MJD) genes. Together with family factors, these variants can 85 explain up more than just those 55.2% of the OA of affected individuals (de Mattos et al, 2019a; 86 Mergener et al, 2020; Martins et al, 2021).

A very recent whole-exome sequencing (WES) study proposed novel MJD-modifying genes and pathways to be further investigated as new disease-modifying targets. In a subset of patients included in this study of Brazilian origin, an intronic variant at *DLGAP2* gene (rs2293909) was associated with an anticipation of AO, explaining 10% of the variance in the group (Raposo et al, 2022).

The product of *DLGPA2* gene, which is expressed in the brain, encodes the disks largeassociated protein 2 (DAP-2). This protein plays a role in synapse organization and neuronal cell signaling. Variants in *DLGAP2* have been observed in individuals with autosomal dominant complex neurodevelopmental disorders, including autism spectrum disorder, among others (Pouquet et al, 2017).

In order to contribute to the understanding of factors that modulate AO in SCA3/MJD
patients, we have investigated the role of variant rs2293909 as a disease modifier of AO in a
wider Brazilian group of SCA3/MJD patients.

100 Methods

101

102 Samples

103 Subjects included in this study were evaluated in the Neurogenetics outpatients clinic of 104 the Medical Genetics Service and samples analyzed in the Translational Neurogenetics 105 laboratory, both at Hospital de Clínicas de Porto Alegre, Rio Grande do Sul, Brazil. Informed 106 consent was obtained from all individual participants included in this study. A total of 184 107 SCA3/MJD patients were included. Table 1 shows specific information about the studied 108 population. The outcome was AO, a quantitative variable, which was defined as the age at the 109 first symptom. A control group composed of 50 unrelated healthy individuals was also 110 evaluated in order to determine allelic and genotypic frequencies in our population.

111

## 112 Genotyping analysis

Most, if not all, samples were available in the laboratory's biorepository. In all samples analyzed, DNA was isolated from peripheral blood leukocytes using standard methods. The CAG repeat length analysis was performed by the polymerase chain reaction (PCR) using fluorescent labeled primers flanking the CAG repeat tract at the *ATXN3* gene, followed by capillary electrophoresis into the genetic ABI3130*xl* (Applied Biosystems, Foster City, CA, USA). Results were analyzed through GeneMapper® ID v 3.2 software (Applied Biosystems, Foster City, CA, USA), as described by França et al. (2012).

rs2293909 genotyping was performed using TaqMan SNP Genotyping Assay
(C\_16185513\_10) in a final volume of 8 µL containing 2 ng of DNA, according to assay
protocol (Applied Biosystems, Foster City, CA, USA). Amplification was performed in the ABI
7500 Real-Time PCR System<sup>®</sup> equipment (Applied Biosystems, Foster City, CA, USA) as
follows: one cycle of 50°C for 2 min, 95°C for 10 min, followed by 40 cycles of 95 °C for 15
s and 60 °C for 1 min.

126

# 127 Statistical Analyses

Pearson's correlation was used to determine the association between AO and CAGexp. Chi-square test was used to check for Hardy-Weinberg equilibrium (HWE). Data on allele and genotype frequencies were searched for into two databases, 1000 Genomes Project (Zerbino et al. 2018) and gnomAD (Lek et al. 2016), in order to compare with both our local control and SCA3/MJD groups. Data were analyzed by Student t-test for allele association, and by one-way analysis of variance (ANOVA) for genotype. As shown by the linear R<sup>2</sup>, the observed degree

- 134 of explanation of the variability in AO by CAGexp was reported. Predicted AO was calculated
- based on the CAGexp length (de Mattos et al, 2019b). All statistical analyses were made using
- 136 Predictive Analytics SoftWare PASW Statistics 18.0 (SPSS Inc., Chicago, IL, USA). The
- 137 significance level was set as 5%. All graphics were created using GraphPad Prism version 5 for
- 138 Windows (GraphPad Software, San Diego, CA, USA).

139 Results

#### 140

141 Table 1 summarizes mean and range of AO and allele length of patients. Allele 142 frequency distribution was 0.207 for C allele and 0.793 for T allele in SCA3/MJD patients, and 143 0.300 for C allele and 0.700 for T allele in local controls. Frequencies of both patients and 144 control groups were in Hardy-Weinberg equilibrium. There was no statistically significant 145 difference in allele (p=0.048) nor genotype (p=0.149) frequencies between patients and 146 controls, although a tendency was seen in the allele frequency. Distribution of allele and 147 genotype frequencies in SCA3/MJD patients and in controls are shown in table 2. Allele 148 frequencies determined in local controls were similar to those global frequencies found in two 149 different international databases (1000 Genomes Project and GnomAD). However, SCA3/MJD 150 group frequencies were slightly different.

We have also compared AO and length of the CAGexp of *ATXN3* with patient's genotype. As expected, a strong inverse correlation between AO and CAGexp repeat length at *ATXN3* was observed. Genotype distribution can be observed in **figure 1. Figure 1A** shows correlation of AO and CAG repeat length in each genotype group, while, in **Figure 1B**, subjects were placed into two groups: one with patients that carry at least one C allele (C/C genotype and C/T genotype) and the other, subject with T/T genotype at rs2293909.

Genotype distribution is also shown in **figure 2** as two different groups, and no clear difference can be observed in this case. However, when patients were divided into early, intermediate or late groups, according to expected AO, we can see a slight difference among them (**Figure 3**), with a tendency of C allele being more frequent in earlier onset patients. 161 Discussion

162

163 Considering allele and genotype frequencies distribution, there were no clear differences 164 found between patients and controls, although a tendency was observed when considered allele 165 frequency in the SCA3/MJD patients' group. Databases as 1000 genome (Zerbino et al. 2018) 166 and gnomAD (Lek et al. 2016) show a lower frequency of the minor allele (C allele) in Europe 167 (24-26%) and, in this current work, frequency of minor allele in SCA3/MJD patients' group 168 was estimated in 20,5%, while frequency of this same allele was estimated in 30,0% in local 169 controls. This data might be related to an estimated high rate (more than 80%) of European 170 ancestry in the South region of Brazil (Ruiz-Linares et al. 2014). This outcome can be also due 171 to a founder effect of Portuguese (from the Azorean islands) in our SCA3/MJD group, as 172 previously reported (Saute & Jardim, 2015).

The data presented here indicate that the C allele at rs2293909 seems to be more frequent in SCA3/MJD subjects with earlier AO. This impact on AO was reported recently and associated with an earlier onset, explaining 10% of AO variance in Brazilian SCA3/MJD patients (Raposo et al, 2022). It is relevant to mention that, in the Portuguese group included in the same study, the effect of this variant was observed in the opposite direction. Therefore, further studies are needed to a better understanding of a possible interaction between those proteins.

To date, there is no report that DAP-2 interacts with ataxin-3 (products of *ATXN3* gene). However, this interaction cannot be ruled out when considering that both are associated with neurodegenerative processes. In SCA3/MJD as well as in other late onset neurodegenerative disorders, neurodegeneration is expected to start much earlier than onset of first symptom.

In summary, we established allele and genotype frequencies of rs2293909 in a group of Brazilian SCA3/MJD patients as well as controls. In this study, we have an indication that the C allele of rs2293909 is associated with early onset of the disease. Therefore, this variant can be an additional factor to modulate AO in SCA3/MJD. As previously stated, combined effects are very likely to be involved in disease modulation.

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- 195

# 196 Compliance with Ethical Standards Conflict of interest

- 197 The authors declare that they have no conflict of interest.
- 198

# **199 Ethical Approval**

- 200 The study was performed as per the revised Helsinki declaration following approval of the
- 201 ethics committee of the hospital from where samples were collected.
- 202

# 203 Informed Consent

204 Informed consent was obtained from all individual participants included in the study.

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## 282 Figure Legends

283

**Fig. 1** Correlation between age of onset (AO), CAGexp repeat length at *ATXN3* and genotypes

- from SCA3/MJD subjects (n=184). A) Different genotypes are represented by squares (C/C),
- triangles (C/T) or circles (T/T). Lines represent the linear regression model of AO, expanded
- 287 CAG and genotype. B) Different genotypes are represented by squares (C/C and C/T) or circles
- 288 (T/T). Lines represent the linear regression model of AO, expanded CAG and genotype.
- 289
- **Fig. 2** Distribution of genotypes of rs2293909 in SCA3/MJD subjects, according to AO.
- 291
- 292 Fig. 3 Distribution of genotypes of rs2293909 in SCA3/MJD subjects, according to AO and
- subdivided into early, intermediate and late onset.

294 Table 1: Sample characterization

### 

Sample	SCA3/MJD ( <i>n</i> =184)
Female	106 (57.6%)
AO (years)	34.05 (9 to 56)
Normal Allele (CAG length)	22.36 (13 to 37)
Expanded Allele (CAG length)	75.38 (68 to 84)

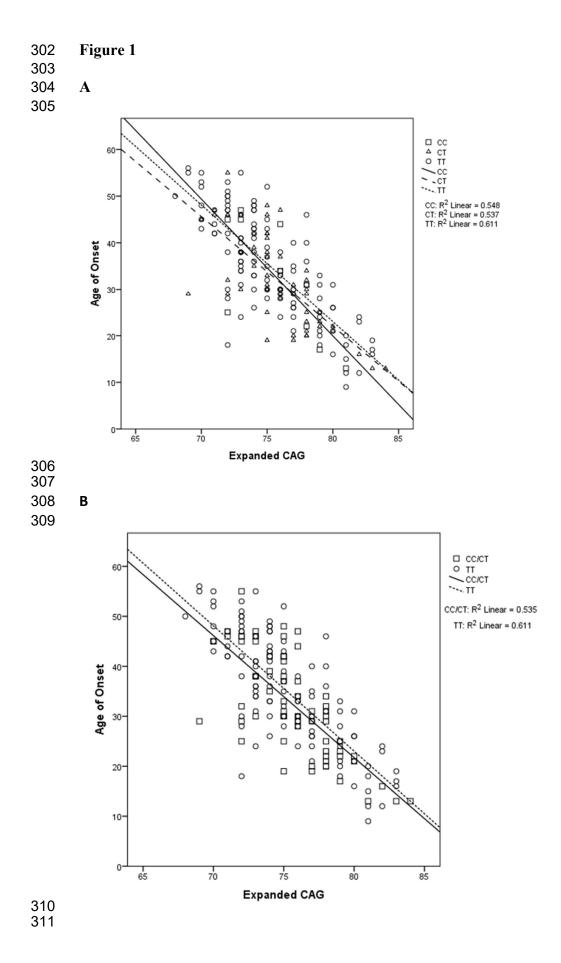
AO = age of onset. Data are given as n (%) and mean (range).

# 

**Table 2:** Allele and genotype frequencies of rs2293909.

	Allele			Genotype				
	С	Т	р	C/C	C/T	T/T	р	Total
SCA3/MJD	76 (20.7)	292 (79.3)	0.048	10 (5.4)	56 (30.4)	118 (64.1)	0.149	184
Local controls	30 (30.0)	70 (70.0)		6 (12.0)	18 (36.0)	26 (52.0)		50

Data are given as n (%); Percentage is group related. Pearson chi square



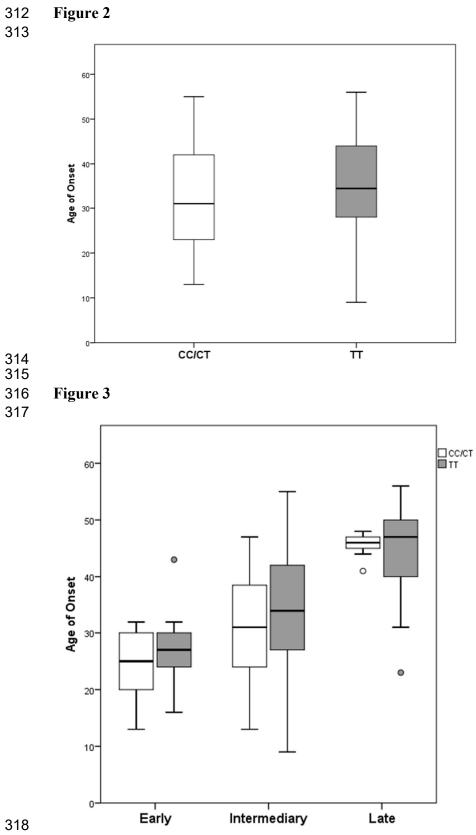


Figure 2

## 3. CONCLUSÃO

O trabalho aqui apresentado propõe investigar o papel da variante rs2293909 no gene *DLGAP2* como possível modificadora da idade de início da doença em pacientes com SCA3/MJD. Em outro estudo recente, foi visto que a variante estava associada com até 10% da variância da idade de início entre os pacientes investigados. Quando a mesma investigação foi feita nos pacientes e indivíduos controles locais, não foi vista diferença entre a frequência dos alelos ou genótipos entre os dois grupos, entretanto, uma tendência pode ser vista na frequência alélica. Quando subdividimos os pacientes entre início precoce, intermediário ou tardio da doença, aqueles com ao menos um alelo C tendem a ter início mais precoce em todos os grupos, corroborando o estudo anterior e abrindo mais portas para o estudo da *DLGAP2* como um modificador de fenótipo em SCA3/MJD e até em outras doenças do grupo das poliglutaminopatias e ataxias espinocerebelares.

Este estudo soma-se a vários outros que visam entender melhor a natureza complexa das manifestações fisiopatológicas da SCA3/MJD. Como seguimento, pretendemos ampliar o número de indivíduos investigados para fortalecer a evidência. Em seguida, vamos testar o efeito da variante rs2298141, localizada no gene *ITGB1*, que foi identificada no mesmo estudo de whole-exome sequencing que detectou o potencial da *DLGAP2* como possível modificador de fenótipo da SCA3/MJD.

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## ANEXO A - NORMAS PARA SUBMISSÃO DE ARTIGO NA REVISTA NEUROMOLECULAR MEDICINE

#### **Instructions for Authors**

#### **Article Types**

**Original Articles:** Full-length reports of current research. Abstract: 250 words maximum. Introduction: 500 words max; Discussion: 1,500 words max. Article: 6,000 words including abstract and acknowledgement but excluding author contributions statement, disclosure, references, figure legends tables and figures (Up to 6 in total figures + tables). Each figure should have a maximum of 6 panels. A maximum of 40 references are permitted.

**Review Articles:** Reviews are comprehensive analyses of specific topics relevant to mechanistic understanding or therapeutic development of a CNS condition. Abstract: 250 words maximum Article: 10,000 words including abstract, figure legends and acknowledgements. A maximum of 150 references are permitted.

**Mini-reviews:** Should be on an interesting and cutting-edge topic pertinent to mechanistic understanding or therapeutic development of a CNS condition. Usually by invitation only. However, authors can submit a 1-page pre-submission inquiry to Profs Raghu Vemuganti (vemuganti@neurosurgery.wisc.edu) or Thiruma Arumugam (g.arumugam@latrobe.edu.au) highlighting the importance of the topic of their review. Maximum length of 2,000 words excluding Title page, References and acknowledgments. Can have 2 cartoons or figures. Abstract maximum length of 150 words. A maximum of 40 references are permitted.

**Nano-reviews:** Should be on a novel, emerging and hot topic pertinent to mechanistic understanding or therapeutic development of a CNS condition. Usually by invitation only. However, authors can submit a 1-page pre-submission inquiry to Profs Raghu Vemuganti (vemuganti@neurosurgery.wisc.edu) or Thiruma Arumugam (g.arumugam@latrobe.edu.au) highlighting the importance of the topic of their review. Maximum length of 1,000 words excluding Title page, References and acknowledgments. Can have 1 cartoon or figure. Abstract

maximum length of 100 words. A maximum of 15 references are permitted.

**Rapid Communications:** Rapid communications are aimed at disseminating new data in an extremely short process. This can include negative results, and limited-scope findings. Rapid communications are prepared as 1,500 words (including abstract and acknowledgements but excluding author contributions statement, disclosure, references, figure legends, tables and figures). Up to 2 in total figures + tables are permitted. Each figure should have a maximum of 6 panels. A maximum of 15 references are permitted. Response regarding acceptance revision or rejection is usually given within 1 week. Rapid communications can only be submitted in the following fields:

Alzheimer's Disease Parkinson's Disease Vascular Dementia Adult Neurogenesis Exercise-related Metabolism Learning and Memory Neuroinflammation Brain Tumors Stroke

**Commentary Articles:** Commentary articles are short, narrowly focused articles that are commissioned by the journal. Commentary articles seek to provide a critical viewpoint on a key subject or provide an insight into an important development in neuroscience. These articles are generally not peer-reviewed.

#### **Manuscript Submission**

#### **Manuscript Submission**

Submission of a manuscript implies: that the work described has not been published before; that it is not under consideration for publication anywhere else; that its publication has been approved by all co-authors, if any, as well as by the responsible authorities – tacitly or explicitly

- at the institute where the work has been carried out. The publisher will not be held legally responsible should there be any claims for compensation.

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Authors wishing to include figures, tables, or text passages that have already been published elsewhere are required to obtain permission from the copyright owner(s) for both the print and online format and to include evidence that such permission has been granted when submitting their papers. Any material received without such evidence will be assumed to originate from the authors.

#### **Online Submission**

Please follow the hyperlink "Submit manuscript" and upload all of your manuscript files following the instructions given on the screen.

#### **Source Files**

Please ensure you provide all relevant editable source files at every submission and revision. Failing to submit a complete set of editable source files will result in your article not being considered for review. For your manuscript text please always submit in common word processing formats such as .docx or LaTeX.

**Title Page** 

## **Title Page**

Please make sure your title page contains the following information.

#### Title

The title should be concise and informative.

## Author information

- The name(s) of the author(s)
- The affiliation(s) of the author(s), i.e. institution, (department), city, (state), country
- A clear indication and an active e-mail address of the corresponding author
- If available, the 16-digit ORCID of the author(s)

If address information is provided with the affiliation(s) it will also be published.

For authors that are (temporarily) unaffiliated we will only capture their city and country of residence, not their e-mail address unless specifically requested.

## Abstract

Please provide an abstract of 150 to 250 words. The abstract should not contain any undefined abbreviations or unspecified references.

## For life science journals only (when applicable)

- Trial registration number and date of registration for prospectively registered trials
- Trial registration number and date of registration, followed by "retrospectively registered", for retrospectively registered trials

## Keywords

Please provide 4 to 6 keywords which can be used for indexing purposes.

## **Statements and Declarations**

The following statements should be included under the heading "Statements and Declarations" for inclusion in the published paper. Please note that submissions that do not include relevant declarations will be returned as incomplete.

• Competing Interests: Authors are required to disclose financial or non-financial

interests that are directly or indirectly related to the work submitted for publication. Please refer to "Competing Interests and Funding" below for more information on how to complete this section.

Please see the relevant sections in the submission guidelines for further information as well as various examples of wording. Please revise/customize the sample statements according to your own needs.

## **Institutional Email**

Please note all authors must provide an institutional email as a prerequisite to submitting a manuscript.

## Text

## **Text Formatting**

Manuscripts should be submitted in Word.

- Use a normal, plain font (e.g., 10-point Times Roman) for text.
- Use italics for emphasis.
- Use the automatic page numbering function to number the pages.
- Do not use field functions.
- Use tab stops or other commands for indents, not the space bar.
- Use the table function, not spreadsheets, to make tables.
- Use the equation editor or MathType for equations.
- Save your file in docx format (Word 2007 or higher) or doc format (older Word versions).

Manuscripts with mathematical content can also be submitted in LaTeX. We recommend using <u>Springer Nature's LaTeX template</u>.

## Headings

Please use no more than three levels of displayed headings.

#### Abbreviations

Abbreviations should be defined at first mention and used consistently thereafter.

#### Footnotes

Footnotes can be used to give additional information, which may include the citation of a reference included in the reference list. They should not consist solely of a reference citation, and they should never include the bibliographic details of a reference. They should also not contain any figures or tables.

Footnotes to the text are numbered consecutively; those to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data). Footnotes to the title or the authors of the article are not given reference symbols.

Always use footnotes instead of endnotes.

#### Acknowledgments

Acknowledgments of people, grants, funds, etc. should be placed in a separate section on the title page. The names of funding organizations should be written in full.

## Terminology

• Please always use internationally accepted signs and symbols for units (SI units).

#### Scientific style

• Nomenclature: Insofar as possible, authors should use systematic names similar to

those used by Chemical Abstract Service or IUPAC.

• Generic names of drugs and pesticides are preferred; if trade names are used, the generic name should be given at first mention.

## References

## Citation

Cite references in the text by name and year in parentheses. Some examples:

- Negotiation research spans many disciplines (Thompson, 1990).
- This result was later contradicted by Becker and Seligman (1996).
- This effect has been widely studied (Abbott, 1991; Barakat et al., 1995; Kelso & Smith, 1998; Medvec et al., 1999).

Authors are encouraged to follow official APA version 7 guidelines on the number of authors included in reference list entries (i.e., include all authors up to 20; for larger groups, give the first 19 names followed by an ellipsis and the final author's name). However, if authors shorten the author group by using et al., this will be retained.

## **Reference list**

The list of references should only include works that are cited in the text and that have been published or accepted for publication. Personal communications and unpublished works should only be mentioned in the text.

Reference list entries should be alphabetized by the last names of the first author of each work.

Journal names and book titles should be *italicized*.

If available, please always include DOIs as full DOI links in your reference list (e.g. "<u>https://doi.org/abc</u>").

- Journal article Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. https://doi.org/10.1037/ppm0000185
- Article by DOI Hong, I., Knox, S., Pryor, L., Mroz, T. M., Graham, J., Shields, M. F., & Reistetter, T. A. (2020). Is referral to home health rehabilitation following inpatient rehabilitation facility associated with 90-day hospital readmission for adult patients with stroke? *American Journal of Physical Medicine & Rehabilitation*. Advance online publication. https://doi.org/10.1097/PHM.000000000001435
- Book Sapolsky, R. M. (2017). *Behave: The biology of humans at our best and worst.* Penguin Books.
- Book chapter Dillard, J. P. (2020). Currents in the study of persuasion. In M. B. Oliver, A. A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (4th ed., pp. 115–129). Routledge.
- Online document Fagan, J. (2019, March 25). Nursing clinical brain. OER Commons. Retrieved January 7, 2020, from https://www.oercommons.org/authoring/53029nursing-clinical-brain/view

## Tables

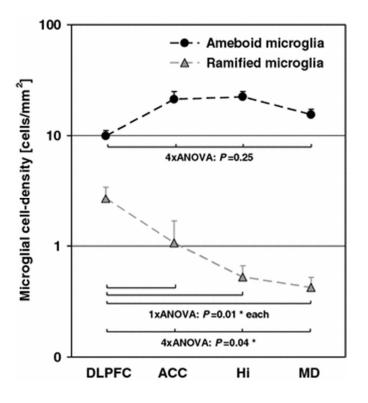
- All tables are to be numbered using Arabic numerals.
- Tables should always be cited in text in consecutive numerical order.
- For each table, please supply a table caption (title) explaining the components of the table.
- Identify any previously published material by giving the original source in the form of a reference at the end of the table caption.
- Footnotes to tables should be indicated by superscript lower-case letters (or asterisks for significance values and other statistical data) and included beneath the table body.

## **Artwork and Illustrations Guidelines**

#### **Electronic Figure Submission**

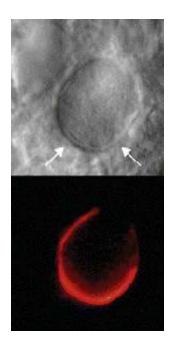
- Supply all figures electronically.
- Indicate what graphics program was used to create the artwork.
- For vector graphics, the preferred format is EPS; for halftones, please use TIFF format. MSOffice files are also acceptable.
- Vector graphics containing fonts must have the fonts embedded in the files.
- Name your figure files with "Fig" and the figure number, e.g., Fig1.eps.

Line Art

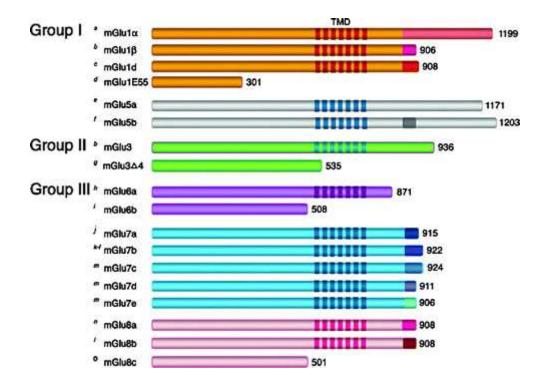


- Definition: Black and white graphic with no shading.
- Do not use faint lines and/or lettering and check that all lines and lettering within the figures are legible at final size.
- All lines should be at least 0.1 mm (0.3 pt) wide.
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- No funds, grants, or other support was received.

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### Research involving human participants, their data or biological material

## **Ethics** approval

When reporting a study that involved human participants, their data or biological material, authors should include a statement that confirms that the study was approved (or granted exemption) by the appropriate institutional and/or national research ethics committee (including the name of the ethics committee) and certify that the study was performed in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards. If doubt exists whether the research was conducted in accordance with the 1964 Helsinki Declaration or comparable standards, the authors must explain the reasons for their approach, and demonstrate that an independent ethics committee or institutional review board explicitly approved the doubtful aspects of the study. If a study was granted exemption from requiring ethics approval, this should also be detailed in the manuscript (including the reasons for the exemption).

#### **Retrospective ethics approval**

If a study has not been granted ethics committee approval prior to commencing, retrospective ethics approval usually cannot be obtained and it may not be possible to consider the manuscript for peer review. The decision on whether to proceed to peer review in such cases is at the Editor's discretion.

# Ethics approval for retrospective studies

Although retrospective studies are conducted on already available data or biological material (for which formal consent may not be needed or is difficult to obtain) ethics approval may be required dependent on the law and the national ethical guidelines of a country. Authors should check with their institution to make sure they are complying with the specific requirements of

their country.

#### Ethics approval for case studies

Case reports require ethics approval. Most institutions will have specific policies on this subject. Authors should check with their institution to make sure they are complying with the specific requirements of their institution and seek ethics approval where needed. Authors should be aware to secure informed consent from the individual (or parent or guardian if the participant is a minor or incapable) See also section on **Informed Consent**.

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The trial registration number (TRN) and date of registration should be included as the last line of the manuscript abstract.

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### Summary of requirements

The above should be summarized in a statement and placed in a 'Declarations' section before the reference list under a heading of 'Ethics approval'.

Examples of statements to be used when ethics approval has been obtained:

• All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and

with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. The study was approved by the Bioethics Committee of the Medical University of A (No. ...).

- This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the Ethics Committee of University B (Date.../No. ...).
- Approval was obtained from the ethics committee of University C. The procedures used in this study adhere to the tenets of the Declaration of Helsinki.
- The questionnaire and methodology for this study was approved by the Human Research Ethics committee of the University of D (Ethics approval number: ...).

Examples of statements to be used for a retrospective study:

- Ethical approval was waived by the local Ethics Committee of University A in view of the retrospective nature of the study and all the procedures being performed were part of the routine care.
- This research study was conducted retrospectively from data obtained for clinical purposes. We consulted extensively with the IRB of XYZ who determined that our study did not need ethical approval. An IRB official waiver of ethical approval was granted from the IRB of XYZ.
- This retrospective chart review study involving human participants was in accordance with the ethical standards of the institutional and national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. The Human Investigation Committee (IRB) of University B approved this study.

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### Informed consent

All individuals have individual rights that are not to be infringed. Individual participants in studies have, for example, the right to decide what happens to the (identifiable) personal data gathered, to what they have said during a study or an interview, as well as to any photograph that was taken. This is especially true concerning images of vulnerable people (e.g. minors, patients, refugees, etc) or the use of images in sensitive contexts. In many instances authors will need to secure written consent before including images.

Identifying details (names, dates of birth, identity numbers, biometrical characteristics (such as facial features, fingerprint, writing style, voice pattern, DNA or other distinguishing characteristic) and other information) of the participants that were studied should not be published in written descriptions, photographs, and genetic profiles unless the information is essential for scholarly purposes and the participant (or parent/guardian if the participant is a minor or incapable or legal representative) gave written informed consent for publication. Complete anonymity is difficult to achieve in some cases. Detailed descriptions of individual participants, whether of their whole bodies or of body sections, may lead to disclosure of their identity. Under certain circumstances consent is not required as long as information is anonymized and the submission does not include images that may identify the person.

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When biological material is donated for or data is generated as part of a research project authors should ensure, as part of the informed consent procedure, that the participants are made aware what kind of (personal) data will be processed, how it will be used and for what purpose. In case of data acquired via a biobank/biorepository, it is possible they apply a broad consent which allows research participants to consent to a broad range of uses of their data and samples which is regarded by research ethics committees as specific enough to be considered "informed". However, authors should always check the specific biobank/biorepository policies or any other type of data provider policies (in case of non-bio research) to be sure that this is the case.

## **Consent to Participate**

For all research involving human subjects, freely-given, informed consent to participate in the study must be obtained from participants (or their parent or legal guardian in the case of children under 16) and a statement to this effect should appear in the manuscript. In the case of articles describing human transplantation studies, authors must include a statement declaring that no organs/tissues were obtained from prisoners and must also name the institution(s)/clinic(s)/department(s) via which organs/tissues were obtained. For manuscripts reporting studies involving vulnerable groups where there is the potential for coercion or where consent may not have been fully informed, extra care will be taken by the editor and may be referred to the Springer Nature Research Integrity Group.

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Individuals may consent to participate in a study, but object to having their data published in a journal article. Authors should make sure to also seek consent from individuals to publish their data prior to submitting their paper to a journal. This is in particular applicable to case studies. A consent to publish form can be found

here. (Download docx, 36 kB)

### Summary of requirements

The above should be summarized in a statement and placed in a 'Declarations' section before the reference list under a heading of 'Consent to participate' and/or 'Consent to publish'. Other declarations include Funding, Competing interests, Ethics approval, Consent, Data and/or Code availability and Authors' contribution statements.

Please see the various examples of wording below and revise/customize the sample statements according to your own needs.

Sample statements for "Consent to participate":

Informed consent was obtained from all individual participants included in the study. Informed consent was obtained from legal guardians. Written informed consent was obtained from the parents. Verbal informed consent was obtained prior to the interview.

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The authors affirm that human research participants provided informed consent for publication of the images in Figure(s) 1a, 1b and 1c.

The participant has consented to the submission of the case report to the journal.

Patients signed informed consent regarding publishing their data and photographs.

Sample statements if identifying information about participants is available in the article: Additional informed consent was obtained from all individual participants for whom identifying information is included in this article.

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# Data availability statements

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